

2026 Dance First Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.30 – 10.30am Ballet ADULT	9.30 – 10.30am Hip Hop ADULT	9.30 – 10.30am Ballet ADULT	9.30 – 10.30am Total Barre ADULT	9.30 – 10.30am Tap (beginner) ADULT	8.00 – 9.00am Total BARRE ADULT	2.00 – 2.45pm Dance Fusion 4 – 5 years
10.45 – 11.30am Dance Fusion 3 – 4 years	11.00 – 12.00pm Hip Hop for Seniors ADULT 60+	11.00 – 12.00pm Ballet ADULT	11.00 – 12.00pm Silver Swans Ballet ADULT 60+	10.30 – 11.30am Tap (Intermediate) ADULT	9.15 – 10.00am Dance Fusion 3 - 4 years	3.00 – 4.30pm Contemporary / Jazz Academy 15 – 18 years
3.45 – 4.45pm Hip Hop 7 – 9 years	3.45 – 4.30pm Jazz Fusion 5 – 6 years	12.15 – 1.00pm Pointe ADULT	3.45 – 4.45pm Jazz / Ballet 8 – 9 years	3.45 – 4.45pm Contemporary 8 – 10 years	10.15 – 11.00am Jazz / Ballet 5 - 6 years	
4.45 – 5.45pm Hip Hop 10 – 12 years	4.30 – 5.30pm Jazz Fusion 7 – 8 years	1.15 – 2.15pm Silver Swans – Jazz/Ballet ADULT 60+	4.45 – 5.45pm Jazz / Hip Hop 10 – 12 years	4.45 – 5.45pm Contemporary 11 – 14 years	11.00 – 12.00pm Jazz Fusion 7 years	
5.45 – 6.45pm Hip Hop 12 – 15 years	5.30 – 7.00pm Hip Hop Academy 15 – 18 years	4.00 – 5.00pm Jazz / Ballet 7 - 8 years	5.45 – 6.45pm Hip Hop 13 - 15 years	- Open Class - 6.00 – 7.00pm ADULT	12.00 – 1.00pm Jazz Fusion 8 - 9 years	
7.00 – 8.00pm Contemporary ADULT	7.00 – 8.00pm Total Barre (<i>upstairs studio</i>) ADULT	5.00 – 6.00pm Jazz / Ballet 9 - 10 years	6.15 – 7.00pm Pointe (<i>upstairs studio</i>) ADULT	7.00 – 8.00pm Contemporary ADULT	1.00 – 2.00pm Jazz Fusion 10 - 12 years	
8.00 – 9.00pm Jazz ADULT	7.00 – 8.00pm Hip Hop ADULT	6.00 – 7.00pm Ballet 13 years plus	7.00 – 8.00pm Ballet ADULT	8.00 – 9.00pm Musical Theatre ADULT	2.30 – 3.30pm Contemporary ADULT	
	8.00 – 9.00pm Hip Hop ADULT	7.15 – 8.00pm Pointe (<i>upstairs studio</i>) Invite only 13 years plus	8.00 – 9.00pm Hip Hop ADULT		3.30 – 4.30pm Hip Hop ADULT	
		7.00 – 8.00pm Ballet ADULT				
		8.00 – 9.00pm Jazz ADULT				